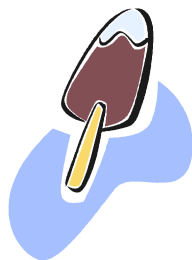


ICE TREATS

(over counter only)

Available at 1st & 2nd breaks

Fruit Tubes (iceblocks)	50c
Yogo Sticks	40c
Paddle Pops (rainbow, banana, choc)	\$1.20
Mini Calippo	80c
Jelly Sticks	20c



This menu was adapted from “Healthy Choices” guidelines.

☺ = **Smart choice green “go” food. Eat plenty.**

All other food on this menu is from the amber selections and should be eaten in moderation.

Items that are home made contain no artificial colours, flavours or preservatives.

NOTE: Please remember to have TUCKSHOP BAGS labelled as per example. Plain or decorated paper bags can be purchased at supermarkets and at school tuckshop.

If you have any questions about this menu or the items contained within it, please contact the school on (07) 55857666.

Menu approved by P&C Association as at 22nd June, 2009.



OXENFORD STATE SCHOOL TUCKSHOP MENU



Open Monday to Friday 8.00am to 1.45pm

NOTES TO REMEMBER:

- If any parent could offer to help (anything from ½ hour to whole day) it would be much appreciated. Coffee or tea is served to all helpers. The P&C is working hard offering this service to the students, staff and families of Oxenford State School.
- Tuckshop serving hours are Monday to Friday:
 - 11:10am -11:30am for first break
 - 1:20pm -1:35pm for second break
- Breakfast **Thursday & Friday ONLY** – 8:00am - 8:30am
- Breakfast Club serves a free breakfast for students on Wednesday. This is served between 8:00am – 8:30am sharp.

TO ORDER: (Please help by following these steps)

- **SEPARATE BAGS FOR FIRST & SECOND BREAK.** Please identify clearly with a large 1 or 2 (as per example).
- Place money in bags, any change will be taped to the inside of bag.
- All order bags to be placed in classroom boxes. Orders can be made at tuck-shop and bags purchased for 10c.
- **Please remember to put name, class & meal break on bag.** (If no meal break is shown, food will be served at 1st break)



1st break example



2nd break example

BREAKFAST MENU 8:00am – 8:30am Thursday & Friday ONLY

☺ 2 x wheat biscuits + milk	\$1.00
☺ Muesli, fruit + milk	\$1.80
☺ Wholegrain toast + cheese	\$1.00
Milo hot or cold	\$1.10

OVER COUNTER MORNING TEA AND LUNCH

☺ Fruit Salad (seasonal)	80c
☺ Pop Corn (home made)	40c
☺ Muffin (home made)	60c
☺ Cookies (home made)	50c

DRINKS

☺ Plain Milk (slim)	\$1.20
☺ Flavoured Milk (choc, straw, vanilla, banana)	\$1.50
Poppers (orange, apple, pineapple)	\$1.20
Up and Go Drinks (choc and straw)	\$2.00
☺ OKF Sparkling Mineral Water	\$1.50
☺ Water	\$1.00
Kanga Krush (over counter only)	\$1.50

SNACK FOOD

Raisin Toast	60c
Vegemite Crackers (4)	60c
Carrot Sticks	30c
Cucumber Sticks	30c
Sultana Box	40c
Fruit Wedge	20c
Potato Chips	\$1.00



SANDWICHES

Plain or Toasted

☺ Cheese	\$1.80
☺ Cheese / Tomato	\$2.00
☺ Ham / Cheese	\$2.00
☺ Chicken / L.F. Mayo	\$2.50
☺ Egg / L.F. Mayo	\$2.40

Wraps

☺ Chicken / Salad	\$3.20
☺ Chicken	\$3.00
☺ Salad Wrap	\$2.50
☺ Tomato / Salami Wrap	\$3.00

HOT FOOD

☺ Pizza (ham, cheese & pineapple or bacon and cheese)	\$2.80
☺ Meat Pie (home made)	\$1.60
Hot Dog (with sauce)	\$2.80
☺ Baked Bean Sub	\$1.00
☺ Macaroni Cheese	\$2.60

MISCELLANEOUS

Sauces (tomato, BBQ)	30c
Tuck Shop Bags	10c